



# MMLE Quarterly Newsletter

Department of Nursing and Ergonomics Division, OESO Vol. 2 No.2 Apr 2009

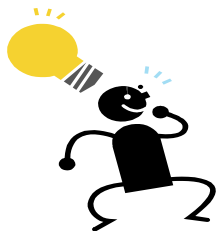
## Ideas for Skills Days: Test MMLE Knowledge

Skills Days are typically known to nursing staff as annual education opportunities to revalidate and test specific skills or knowledge related to patient care.

Many units have incorporated the lifts into their skills days. Since training is one of the MMLE coaches' responsibilities, naturally they are often involved as instructors for lifts and other transfer devices during their own units' skills days. However, it can be challenging to develop creative and effective tools to test the staff's skills and knowledge within a designated time, which is usually a 10 to 15 minutes session.

Gail Pruett, one of the clinical nurse educators for DUHS Clinical Education and Professional Development, provided a few fun and creative knowledge testing ideas for coaches to use during skills days. "These learning tools can focus on any MMLE issues and solutions that are unit specific or topics related to safe patient handling."

says Pruett.



One quick and easy suggestion is called "Know your facts". Display one lift at the session. Ask each staff five questions related to the lift, i.e. When should you check the battery life? Show me how you can tell when the battery is low.

The other ideas are listed below. They will be developed by Ergonomics Division and made available via the Occupational & Environmental Safety Office (OESO) for coaches to print out and use on their units. Stay tuned for more update.

- "What's wrong with this picture?"

Display a photo displaying things that are wrong related to MMLE, i.e. a staff wiping down the lift with soap and water.

- "Jeopardy"

Create categories and questions related to MMLE or safe patient handling.

- "Matching Game"

List the names of items related to MMLE or safe patient handling in one column. List one fact for each item in another column. Match the items with the facts.

Pruett also suggests working with the nurse clinical educator or nurse education manager and other MMLE coaches to implement these ideas.

**Send questions, comments, or ideas for the newsletter:**

Ergonomics Division,

Yeu-Li Yeung.

Email: [yeuli.yeung@duke.edu](mailto:yeuli.yeung@duke.edu)

## News & Upcoming Events

### 3rd Annual MMLE Coaches' Conference

May 15, 2009

Sponsored by the Department of Nursing. Open to MMLE coaches in DUHS.

Registration fee: \$10

Call Clinical Education and Professional Development at 684-4293 to register for COUR5451.

For additional information, contact:

[yeuli.yeung@duke.edu](mailto:yeuli.yeung@duke.edu)

### DRH — MMLE Coaches' Quarterly Meeting

#### Durham Regional Hospital

The 4th Monday of the month. Next meeting—April 27, 2009, 12 p.m. to 1 p.m. Contact Dawne Lewis at 470-6368 or [dawne.lewis@duke.edu](mailto:dawne.lewis@duke.edu)