### Adjusting a RoWalker to the Correct Height

To ensure safety and prevent falls, adjust RoWalker to the patient’s elbow height.

<table>
<thead>
<tr>
<th>Correct height</th>
<th>Too low</th>
<th>Too high</th>
</tr>
</thead>
<tbody>
<tr>
<td>• Shoulders relaxed and elbows at side</td>
<td>• Patient leans forward</td>
<td>• Shoulders too close to ears</td>
</tr>
<tr>
<td>• Improved patient comfort and safety</td>
<td>• Increased risk of falling</td>
<td>• Patient unable to use walker to maintain balance</td>
</tr>
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</table>

- **Correct height**
  - Shoulders relaxed and elbows at side
  - Improved patient comfort and safety

- **Too low**
  - Patient leans forward
  - Increased risk of falling

- **Too high**
  - Shoulders too close to ears
  - Patient unable to use walker to maintain balance

![Relaxed shoulders](image1.png)

![Shoulders too close to ears](image2.png)