

## Duke MOVES Tip

# Your patient is FALLING. What do you do?



- \***CALL** for help
- \***Lower patient to floor as gently as possible**

This is an ASSISTED fall **BUT you SIGNIFICANTLY reduce the risk of injuring yourself by not** attempting to hold patient.

Once patient is on floor:

1. Use a lift/device to safely lift patient. **DO NOT** manually lift patient off floor.
2. Consider how to prevent another fall:
  - Conduct BMAT (inpatient) to know patient's mobility level
  - Use bed and chair alarms
  - Stand beside & slightly behind patient when patient is standing or walking
  - Plan your care before patient gets up; place a chair between bed & bathroom



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