Duke MOVES Tip

Your patient is FALLING.
What do you do?

*CALL for help
*Lower patient to floor as gently as possible

This is an ASSISTED fall BUT you SIGNIFICANTLY reduce the risk of injuring yourself by not attempting to hold patient.

Once patient is on floor:
1. Use a lift/device to safely lift patient. DO NOT manually lift patient off floor.
2. Consider how to prevent another fall:
   • Conduct BMAT (inpatient) to know patient’s mobility level
   • Use bed and chair alarms
   • Stand beside & slightly behind patient when patient is standing or walking
   • Plan your care before patient gets up; place a chair between bed & bathroom

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