Tip of the Month:
Turning Patients Safely

Make it easier and safer to turn patients by using SPHM devices every time.

Option 1: Use MaxiSky ceiling lift & repositioning sling

- Make empty beds with repositioning sling on top so it is ready for the patient
- Tuck & roll attachment loops into sling to prevent tripping
- Scan QR code to watch video

Option 2: Use Hovermatt air-assist device for patients >300 lbs.

- Fully inflate Hovermatt and slide patient away from turning side first to make room for turning
- To turn, gently push down on turning side and lift up on opposite side
- Scan QR code to watch video

Tips:

- 600 lbs. SAP# 350833 White
- 1000 lbs. SAP# 350838 Gray
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Option 3: Use two blue liners for patients <300 lbs.

Additional tips:

1. If there is not a device already under the patient, use two blue liners to turn patient to place repositioning sling or Hovermatt

2. When using two blue liners, make sure there is one staff present for every 100 lbs. of patient weight

Tips:

- Use staggered stance, keep elbows close to body, and use large leg muscles & body weight to move patient
- Push patient away from turning side first
- Scan QR code to watch video

<table>
<thead>
<tr>
<th>Pt. weight:</th>
<th># staff:</th>
</tr>
</thead>
<tbody>
<tr>
<td>&lt;100 lbs.</td>
<td>1</td>
</tr>
<tr>
<td>100-200 lbs.</td>
<td>2</td>
</tr>
<tr>
<td>200-300 lbs.</td>
<td>3</td>
</tr>
</tbody>
</table>