



Before patients get up, use A.O.K. to determine how to best help them.

ASK questions such as:

Are you feeling lightheaded?
Do you need assistance to get up?
Can you walk on your own?

OBSERVE patient for:

- Signs of weakness or needing assistance such as slumping in chair, appears frail, using a walker
- Strength and mobility such as patient's ability to stand on own, take steps, and maintain balance

Keep your patients safe by:

- Walking next to, not in front of, patient
- Offering patient a wheelchair ride
- Not leaving unattended on table or toilet
- Using a patient lift if necessary

Patient safety and fall prevention is everyone's responsibility!

PRMO staff, as you are the first to greet patients, remember to:

1. Ask patients how they are feeling and are able to move.
2. Communicate your findings with clinical staff at start of encounter.

Clinical staff, remember to:

1. Communicate important events in MaestroCare for next patient encounter such as "Used lift to transfer out of wheelchair" or "Patient had near fall in restroom."
2. Provide education materials on Fall Prevention at home and in ambulatory setting from MaestroCare.