Duke MOVES Tip:
Inpatient and Ambulatory

*Don’t be whiners...use blue liners!*

Make your job easier by reducing the force needed to move and turn patients.

*Use blue liners to:*

1. Slide patients up in bed or on table
2. Help patients in and out of bed or table

Keep them visible and always available. Store them:

- In storage rooms or hallways near patient, exam, or treatment rooms
- Outside patient, exam, or treatment rooms
  - Or include blue liners when setting up room for admission or procedure

March 2019