

Duke MOVES Tip: In-patient



Use "words that work" to educate patients and their loved ones on the importance of using bed and chair alarms for fall prevention.

Suggestions include:

- 1. "The bed alarm is being set, not to keep you in bed, but to make sure you are safe while you're in the hospital."
- 2. "The chair alarm doesn't prevent you from getting up. It lets me know that you may need my help and I'm here to help you."
- 3. "We encourage you to get up and move around, but we are concerned for your safety. If you forget to call for help, the alarm will alert us that you may need help."

