

Tip of the Month:

Placing a sling behind a seated a patient

1. Use a blue liner to make it easier to slide the sling behind patient's back
2. Slide sling as far down toward patient's tailbone as possible or until it touches the seat
3. Consider using a larger size sling than normal to have extra fabric to work with
4. If able, move chair arms rests out of the way
5. Ask patient to assist with movement as much as possible; in some cases, you may need to assist with leaning and leg lifting
6. Remove blue liner when the sling is placed properly behind the patient.

